

2014 Application Form

Personal Information

Name: _____

Address: _____

Phone: _____
(Home) _____
(Cell) _____

DOB: _____ Graduation Year: _____

Camp Choice (circle one)

Camp I-July 27-31 13 & up

Camp II- August 3-7 All Ages

(Circle one): Commuter/Residential

Roommate preference: _____

Emergency Information

Emergency Contact: _____

Phone: _____

Residential Camper: \$465

Commuter with Lunch: \$265

Payment Information

Payment: (Circle One) Cash Check

By Credit card go to: Gustiegymnasticscamps.com

Mail to: Gustavus Gymnastics
Athletics-Lund Center
800 W. College Ave.
St. Peter, Mn. 56082

Make check payable to: Gustavus Adolphus College

Memo line: Gymnastics Camp

Shirt Size: (Circle one) Y=Youth A=Adult

YS YM YL AS AM AL AXL

Daily Schedule

8:00 AM Breakfast

9:00 AM Morning Practice- 2 events

12:00 PM Lunch

1:30 PM Afternoon Practice- 2 events, open gym

5:30 PM Dinner

7:00 PM Evening camp activities: scavenger hunt, dive night, bonfire, free swim, etc.

The Gustavus Dining service will prepare all meals and be served in the Evelyn Young Dining Center. Please contact us regarding special dietary restrictions.



Cancellations: Before July 1st, 2014 full camp credit will be issued to you for any reason if you cancel your registration. After July 1st, a \$100 administration fee will be charged to all registrants who will be withdrawing from the camp.



**Gustavus
Adolphus College**

Gymnastics

2014

Summer Camp

Girls, Ages 9-17

Located in St. Peter, Mn

**Camp I-July 27-31 13 & up
Camp II- August 3-7 All Ages**

Questions? Contact Aryn Bell
abell5@gustavus.edu

Head Coach:

Charlie Aydt



Head gymnastics coach at Gustavus, in his first year, led the program to a successful 2014 season. He graduated from Augsburg College in 1978 with a physical education degree. While in college he served as the head coach at Robbinsdale High School (1975-79) and was the owner of the North Star Gymnastics Club in Brooklyn Park

(1975-85). Later on, Charlie coached at Park Center High School (1978-80) and Eden Prairie High School (1986-88, 1991). He led Park Center to a state championship in '79 and Eden Prairie titles in '87, '88, and '91.

Aydt moved into club gymnastics in the mid-80's. He was a director and head coach at the Academy of Artistic Gymnastics in Eden Prairie from 1985-1990, then was the head coach at the North Shore Gymnastics Club from 1990-95.

Over the past 15 years, Aydt has also served as a gymnastics judge, working an average of 50 meets per year and serving as a Minnesota High School Gymnastics State Meet Judge in 2013.

Throughout his years of service within the gymnastics community, Aydt has worked with all levels of gymnasts, developed and implemented new gymnastics programs, and has extensive experience in the areas of programming, supervision, and budget management.

Sponberg Gymnastics Studio



7000 square feet with 18 foot ceiling; 2000 square foot spring floor. The facility features a six foot deep safety pit for learning and refining new skills.

Camp Philosophy

The Gustavus Gymnastics Camp is designed for the beginner to elite gymnast. Our goal is to prepare our campers for competition through teaching proper techniques, technical instruction and fostering new skill development in a fun positive atmosphere. Exploring new skills and progressions as well as broadening and improving existing ones will be at the core of the camp curriculum. Our coaching staff is comprised of the area's finest coaches and student-athletes who will provide outstanding instruction to gymnasts of every performance level.

Check In:

Sunday, July 27th 2014: 2:00-3:30 PM

OR

Sunday, August 3rd 2014: 2:00-3:30 PM

Check Out:

Thursday, July 31st 2014: 12:00 PM

OR

Thursday, August 7th 2014: 12:00 PM

Daily Activities: Morning and afternoon sessions with free swim and camp activities in the evening.

Meals: (For residential Campers)

Sunday: Dinner

Monday-Wednesday: Breakfast, Lunch, & Dinner

Thursday: Breakfast

What to Bring:

Clothing appropriate for gymnastics, sneakers, swimsuit, bedding, fan, water bottle

Questions/Concerns?

Aryn Bell, Camp Director

abell5@gustavus.edu

Gustavus Adolphus College

Gymnastics Camp

Insurance Disclaimer

I, the undersigned, hereby certify that I am at least 18 years of age or if under 18, a parent or legal guardian of applicant. I hereby grant permission to the applicant to attend Gustavus Gymnastics Day Camp and to be treated by a licensed physician or a member of the schools training staff in the event of any injury, accident, or illness during the camp. The undersigned applicant (parent/guardian if under 18 years of age) understands that they will be engaging in physical activity during camp that contains inherent risk of physical injury. I, the undersigned, for myself, my heirs, executors, and administrators, waive, release, and forever discharge Gustavus Adolphus College and its staff, officers, agents, employees, representatives, successors, and assigns from any and all liability, claims, demands, actions, and causes of action whatsoever arising out of related to any loss, personal injury, or property damage that may be sustained or occur during participation in camp activities while at camp.

Additionally, I authorize Gustavus Adolphus College to take and use photos, and/or other likenesses of my child or the child for whom I have legal guardianship.

Acceptance of Disclaimer

Parent/Guardian Signature (If under 18)

Date: _____